

## **Nicky's Recipe for Shortbread**

Pick up your truest magic wand  
Fetch your largest pot  
Fill the pot with as much love as it will take  
Add:  
A large cup of gratitude  
9 cups of effort, courage, passion and perseverance  
A dab of sweetness  
A dash of bitters and spice  
A pinch of curiosity  
A cup of mirth  
A cup of joy  
2 measures of nurture  
A crunch of wild caresses and hot kisses  
18 measures of hope  
Infuse with awe, wonder and reverence  
Wrap in the Divine  
Let the mixture rise for many a day and many a night  
Shape and hold in your heart  
Share with the world

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